

Video Resources

[Turning a Double Play - Receiving as a 2nd Basemen](#)

[Turning a Double Play - Receiving as a Short Stop](#)

[Shortstop Double Play Footwork](#)

[Slide Step From SHORTSTOP](#) (go to 5:10 mark)

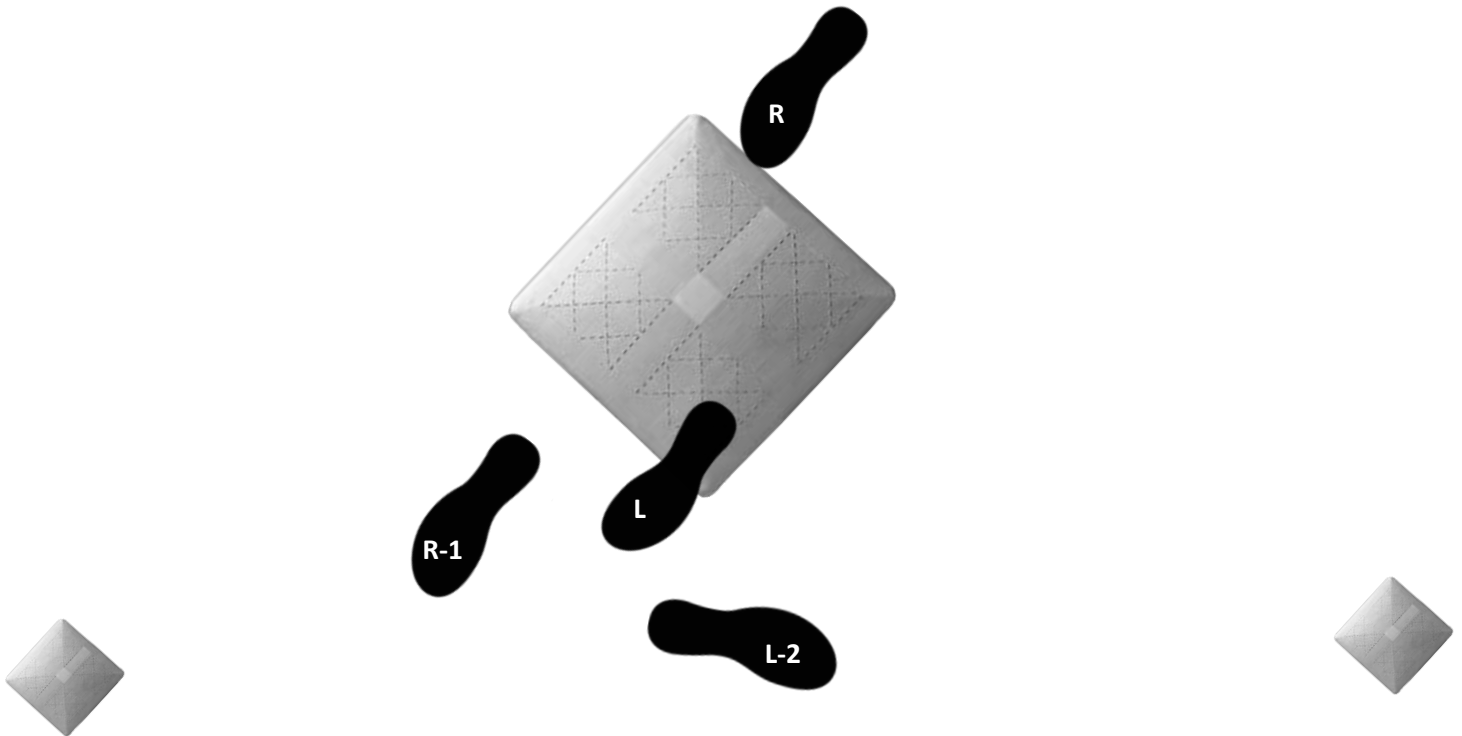
NOTE: SS or 2B MUST YELL 2, 2, 2

This lets the fielder know there is a play at second. It also helps make them aware of where they are in relation to 2B.

Second Base Double Play Footwork:

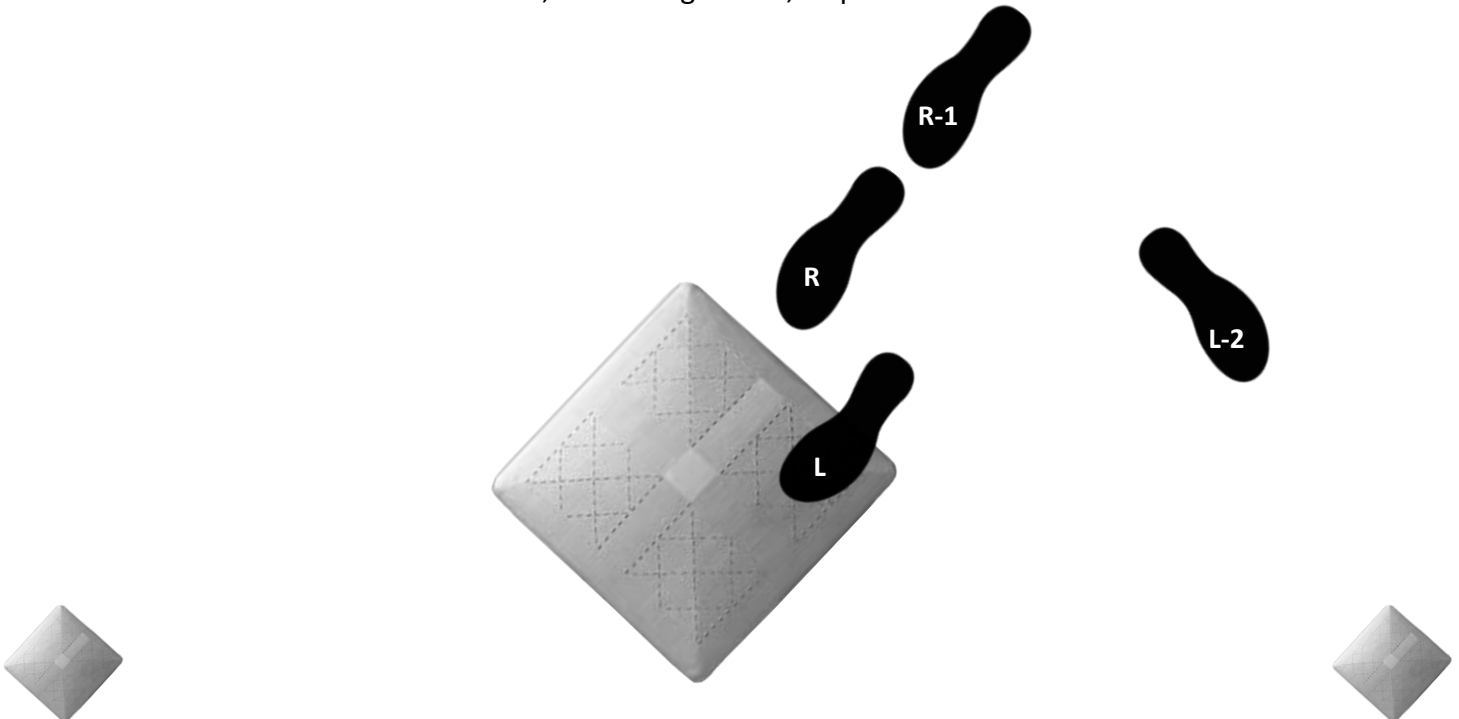
Receiving a throw from SS or 3B on the inside of the baseline/when time to get inside the bag:

1. Get to the second base bag & have left foot at the top of the base & right foot behind the bag.
2. Have hands up ready to receive the ball with your right-hand thumb behind your glove.
3. When the ball is thrown, the right-foot should go towards the throw.
4. When the left foot hits the ground, toes must be facing 1B.



Receiving throws from SS when fielded on outside of the baseline/no time to get inside the bag:

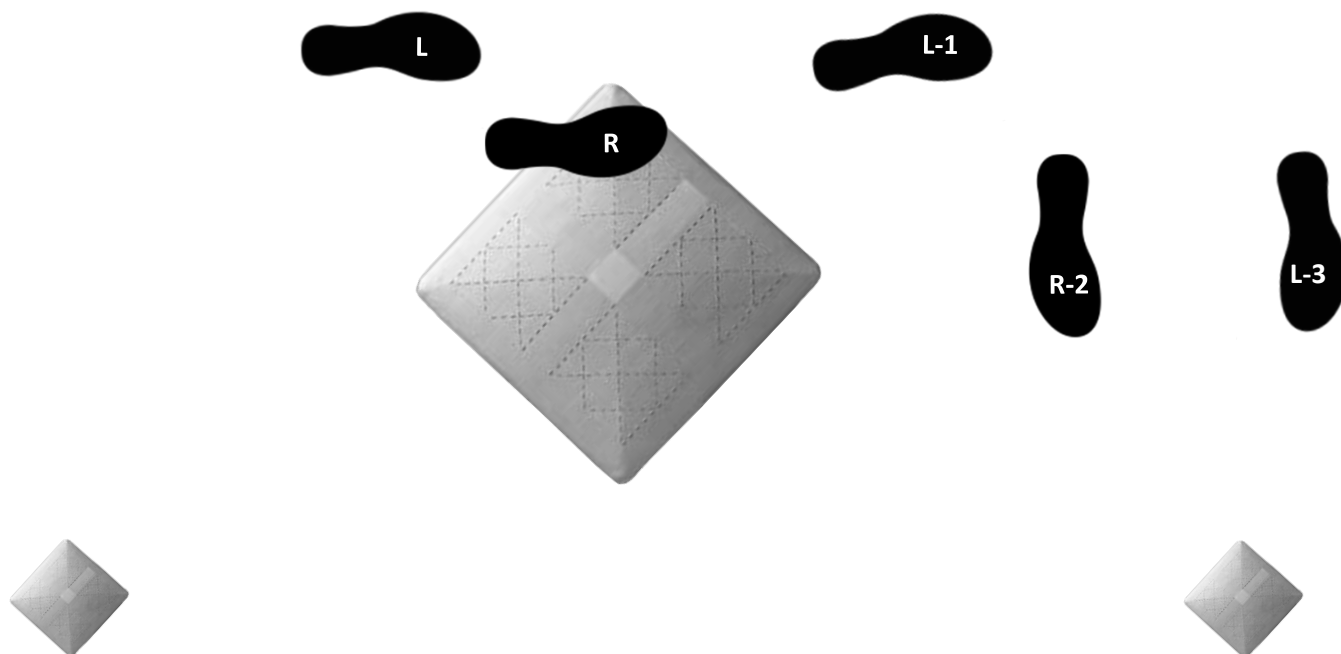
1. Left foot hits the back of 2B as you catch the ball.
 - Have hands up with right-hand thumb behind glove to help with a quicker transition.
2. Push back with the left foot, land on right-foot, step left and & throw to 1B.



Short Stop Double Play Footwork:

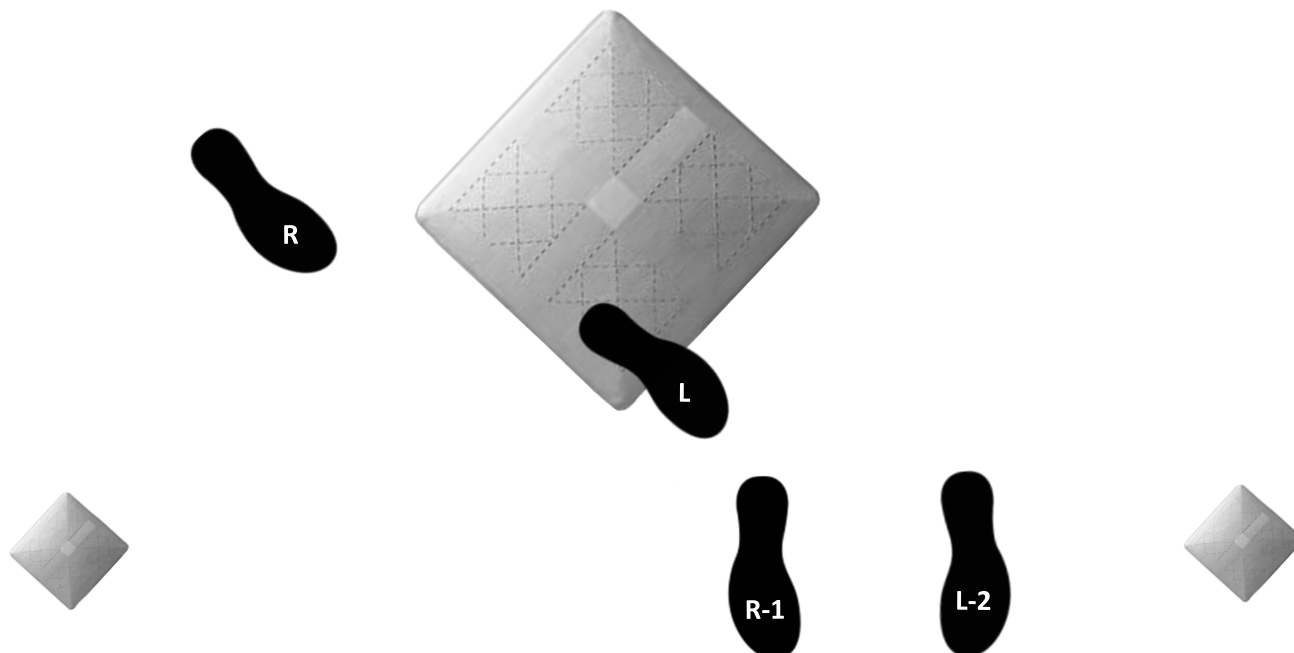
Receiving throws from 2B & 1B behind the base line/behind the runner:

1. Right foot to the back center of the base keeping your left foot behind.
 - Anticipating a bad throw so you can react left or right.
 - Again, have right-hand thumb behind glove.
2. Take your left foot towards the ball in the air & away from the baseline to give yourself a clear throw to 1B.
3. Right foot toward target with left foot coming through to throw.



Receiving throws from 1B in front of the baseline:

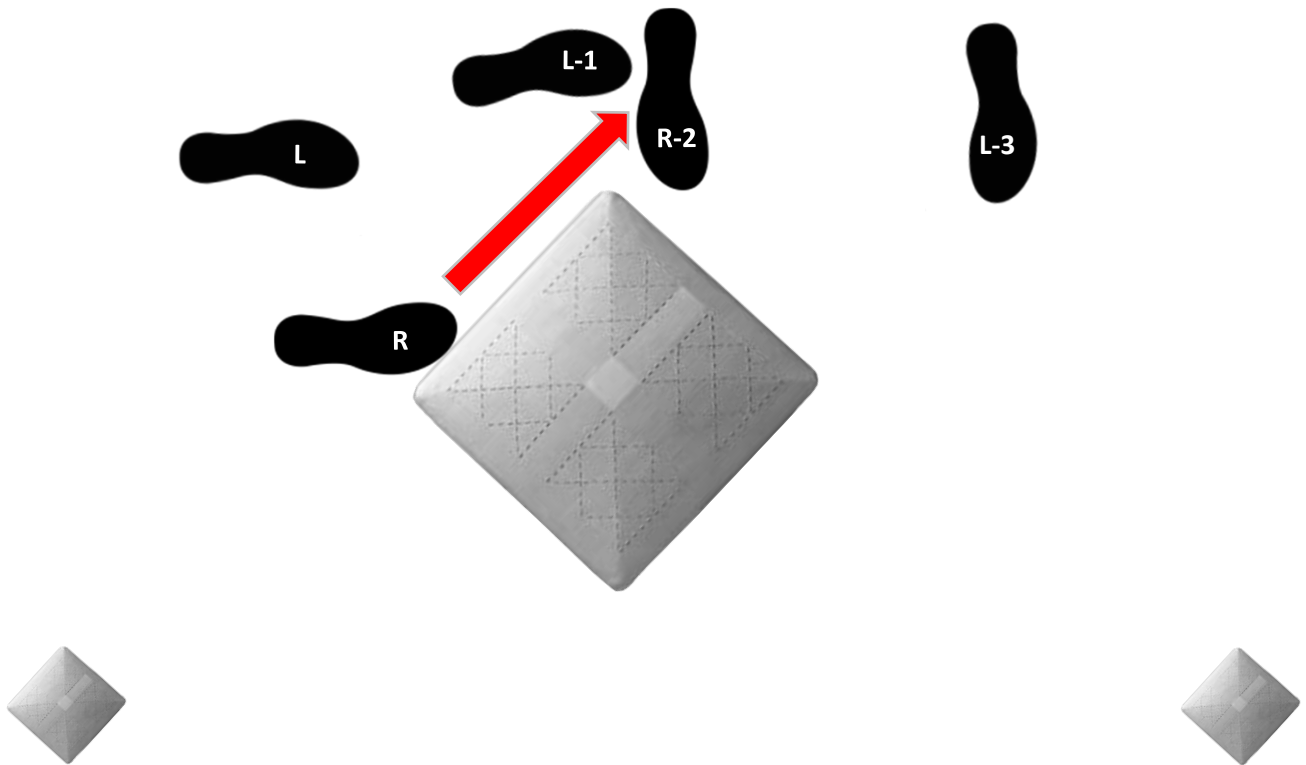
1. Left Foot to top corner of the base & right foot behind.
2. Catch the ball while your right foot moves towards the ball being thrown & push towards the inside of the diamond.
3. SS needs to communicate "2, 2, 2, inside throw".



Short Stop Double Play Footwork **SLIDE STEP:**

Receiving throws from 2B & 1B behind the base line/behind the runner:

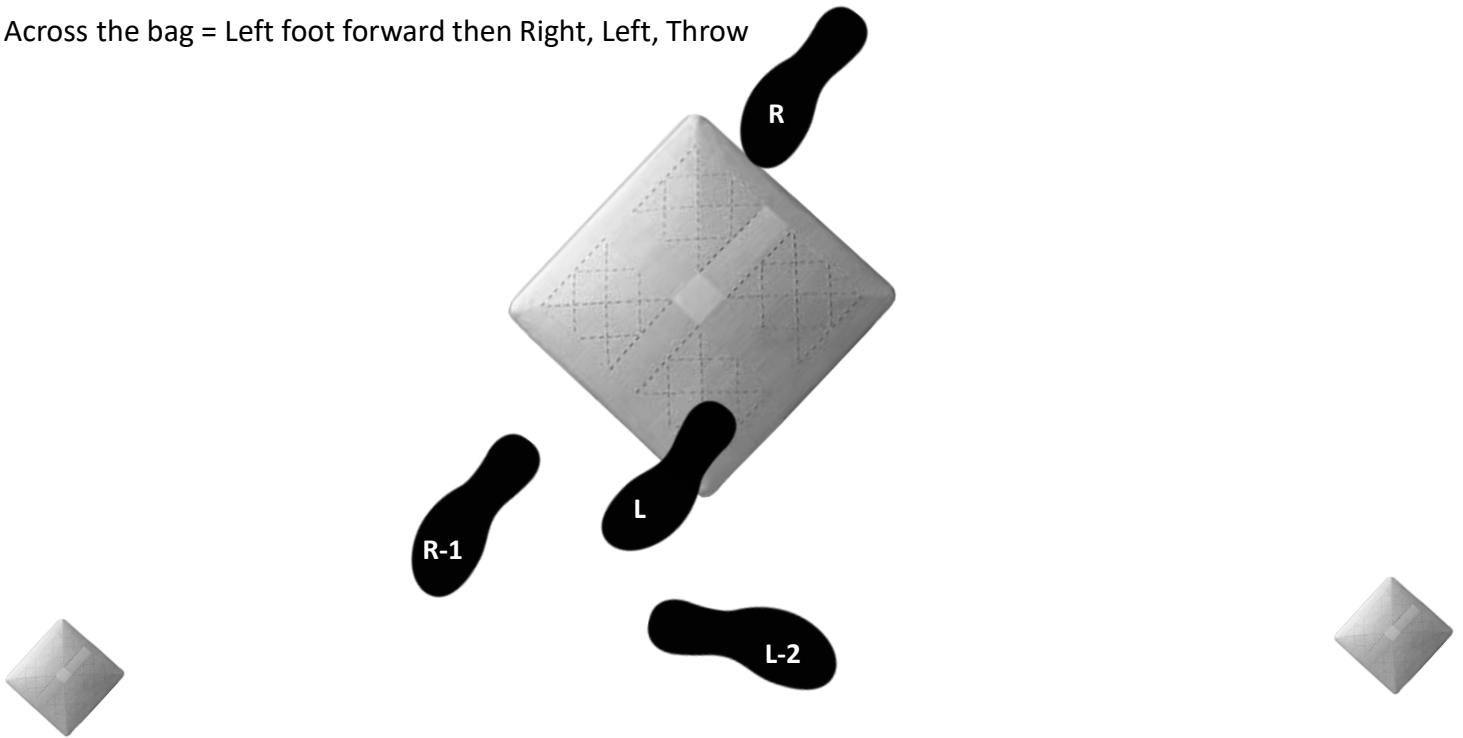
1. Right foot behind the base keeping your left foot behind.
 - Anticipating a bad throw so you can react left or right.
 - Again, have right-hand thumb behind glove.
2. Take your left foot towards the ball in the air & away from the baseline to give yourself a clear throw to 1B.
3. Slide right foot forward clearing the base and get left foot toward target to throw.



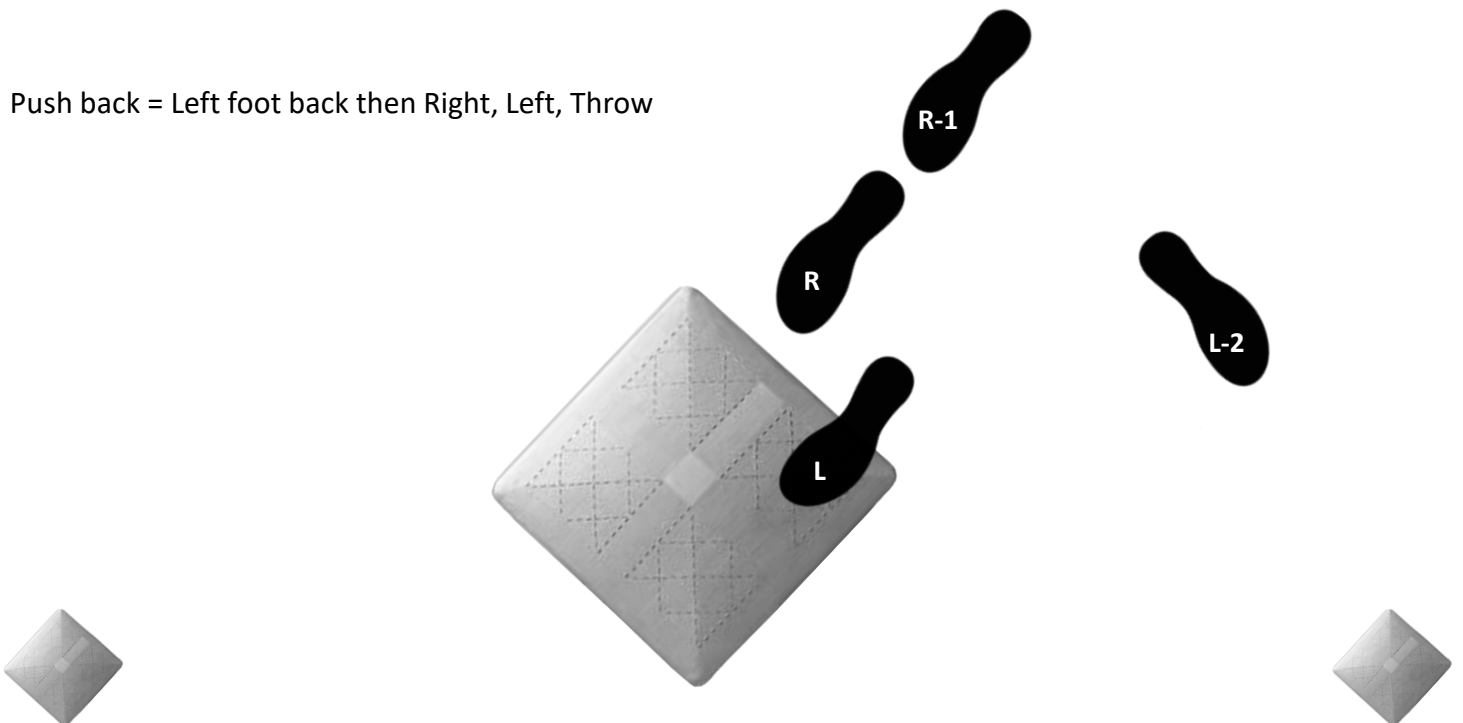
Double Play Footwork

Second Base Double Play Footwork:

Across the bag = Left foot forward then Right, Left, Throw

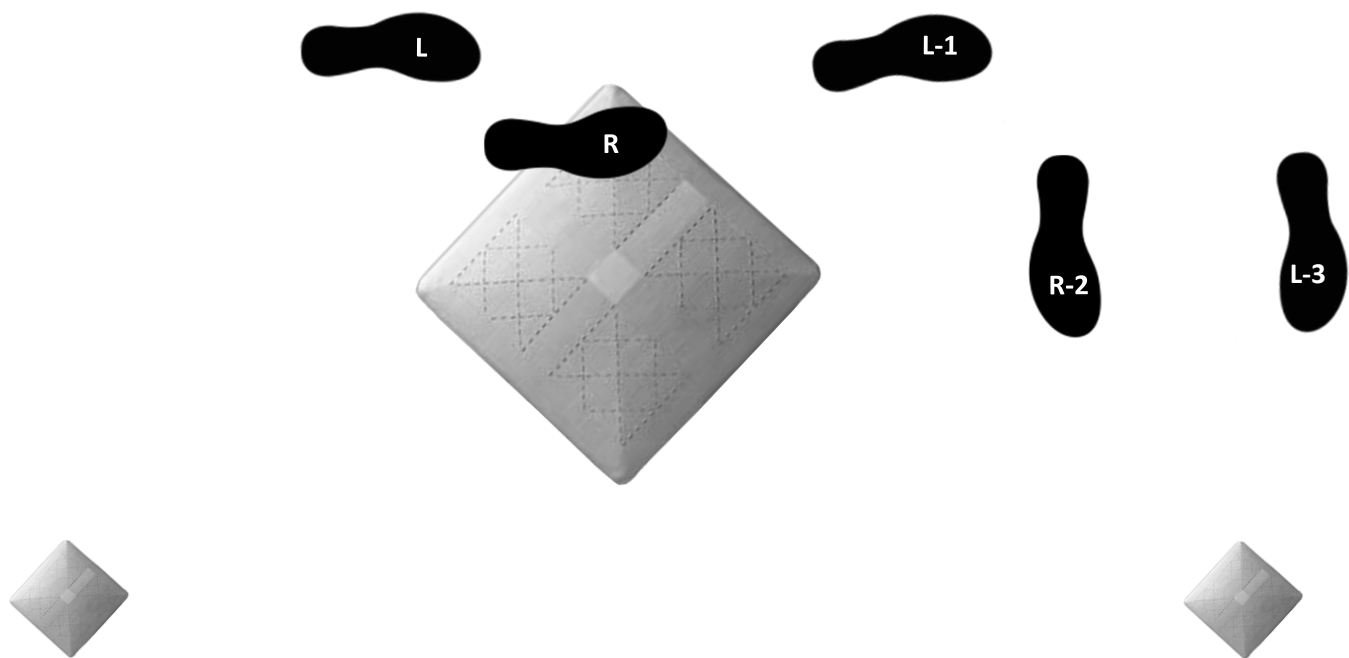


Push back = Left foot back then Right, Left, Throw

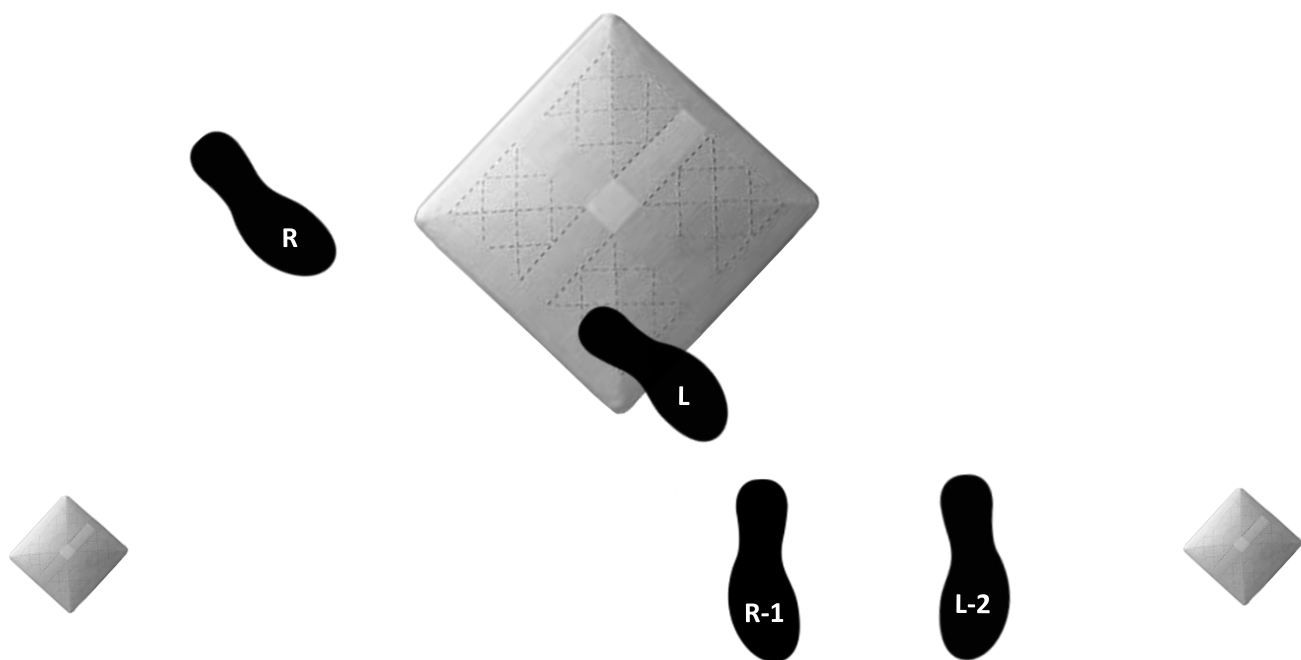


Short Stop Double Play Footwork:

From 2B = Right foot forward then Left, Right, Left, Throw



From 1B = Left foot forward then Right, Left, Throw



Short Stop Double Play Footwork **SLIDE STEP:**

Receiving throws from 2B & 1B behind the base line/behind the runner:

1. Right foot behind the base keeping your left foot behind.
 - Anticipating a bad throw so you can react left or right.
 - Again, have right-hand thumb behind glove.
2. Take your left foot towards the ball in the air & away from the baseline to give yourself a clear throw to 1B.
3. Slide right foot forward clearing the base and get left foot toward target to throw.

